



## Demonstrator # 9

# From the study of elastic oscillations in the physics laboratory, to bungee jumping

### TEACHER NOTES

Activity title:

**From the study of elastic oscillations in the physics laboratory, to bungee jumping**

Subject:

**Physics - Class XI**

Student age:

**16-18 years**

Estimated duration:

**2x50 minutes (50 minutes, for data collecting, 50 minutes for data processing)**

Science content

- Principles of Newtonian dynamics;
- Mechanical laws concerning: motion, speed, the acceleration of harmonic oscillations;
- InLOT System;
- Elastic pendulum.

Learning objectives

The lesson is valuable because it creatively exploits knowledge concerning Newtonian dynamics, trigonometry, mechanical oscillations, and practical skills, through its applicability to non-formal learning contexts, such as sport activities.

At the end of this lesson students will be able:

- to apply the IV<sup>th</sup> principle of Newtonian dynamics and to consolidate their understanding of the principles of Newtonian dynamics
- to apply the laws of oscillatory motion and to consolidate their comprehension in what they are concerned
- to understand damping mechanisms through the mathematical modelling of this process
- to make use of their knowledge of trigonometry
- to creatively use the AM system in applied contexts
- to explore the physics reality by testing the AM on the elastic rope

### Inquiry-based character

The student will enhance their work skills specific scientific investigation and discovery activities geared for this type of learning:

#### *1. Identify Questions for Scientific Investigations*

- Identify testable questions
- Refine/refocus ill-defined questions
- Formulate hypotheses

#### *2 Design Scientific Investigations*

- Design investigations to test a hypothesis
- Identify independent variables, dependent variables, and variables that need to be controlled
- Operationally define variables based on observable characteristics
- Identify flaws in investigative design
- Utilize safe procedures
- Conduct multiple trials

#### *3 Use Tools and Techniques to Gather Data*

- Gather data by using appropriate tools and techniques
- Measure using standardized units of measure
- Compare, group, and/or order objects by characteristics
- Construct and/or use classification systems
- Use consistency and precision in data collection
- Describe an object in relation to another object (e.g., its position, motion, direction, symmetry, spatial arrangement, or shape)

#### *4 Analyze and Describe Data*

- Differentiate explanation from description
- Construct and use graphical representations
- Identify patterns and relationships of variables in data
- Use mathematic skills to analyze and/or interpret data

#### *5 Explain Results and Draw Conclusions*

- Differentiate observation from inference
- Propose an explanation based on observation
- Use evidence to make inferences and/or predict trends
- Form a logical explanation about the cause-and-effect relationships in data from an experiment

#### *6 Recognize Alternative Explanations and Predictions*

- Consider alternate explanations
- Identify faulty reasoning not supported by data

#### *7 Communicate Scientific Procedures and Explanations*

- Communicate experimental and/or research methods and procedures
- Use evidence and observations to explain and communicate results
- Communicate knowledge gained from an investigation orally and through written reports, incorporating drawings, diagrams, or graphs where appropriate

### Applied technology (if any)

In order to do so the KLiC project uses an innovative sensor data collection tool, namely the

InLOT system ([www.inlot.eu](http://www.inlot.eu)) that consists of the following modules:

- **SensVest** - a vest, equipped with various sensors, designed to carry components that measure and transmit physiological data to the base station.
- **Leg and Arm Accelerometer** - small devices attached to the leg and/or arm that enable the 3-D measurement of the acceleration for the leg and/or arm.
- Ball Accelerometer** - a ball that has embedded an accelerometer measuring three dimensions and a communication unit that enables the transmission of data packets to the base.
- **Base Station** - responsible for the collection of all transmitted data
- **User Interface Software** - user friendly interface, designed with a pedagogical frame of mind, that enables the process of data and actions such as plotting data on a graph or creating a mathematical model to fit the data.

User details can be found in Annex 4.1.

#### Materials needed

- InLOT system
- PC
- Physical kit: mechanical oscillations
- Worksheet (Annexes 4.1, 4.2 and 4.3)

#### Discussion guide

**Anticipation:** Unit summary: Mechanical Oscillations

**Essential Question:** *How physics helps us to better understand the surrounding world?*

#### Before a project approach

Before using a project approach, the high school students will review the principles of Newtonian dynamics, will discuss techniques for working with INLOT system, then write an essay about the use of physical knowledge in sports. Essays will be between three and five pages and will be noted. Essays will be evaluated in terms of Newtonian dynamics harnessing knowledge about techniques for working with INLOT system discussed above.

#### After a project approach

After the scenario proposed sequence no. 4 has been completed, indicated that students apply the theme and new skills to the situations described by their essays. Students will be invited to explore the questions: a) *How physics helps us to better understand the surrounding world?* and b) *How that gives us the performance perspective?*. Students will analyze how science and technology in performance are mutually supportive and not just athletes

#### Building knowledge

##### Teaching strategy

- 📖 The teacher monitors and advises business groups, provides support points, support students in their approach.
- 📖 Use project method
- 📖 Integrate knowledge and skills achieved an adequate framework for reflection.

#### Reflection / Consolidation

**Evaluation method:** gallery tour

#### Assessment

- ✓ summative
- ✓ formative

## Annex 4.1

### Using accelerometer

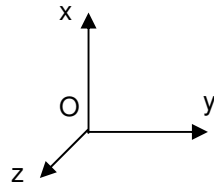


Photo accelerometer

#### Reference directions of accelerometer

##### What accelerometer (AM) measures?

- The frames of reference in which the experiments are conducted are non-inertial, so it is necessary to simplify the model; therefore we encourage the selection of appropriate experimental contexts secondary level approach.

- It appears that AM measures, momentary, relative acceleration in non-inertial frames of reference. Generally, according to kinematics in non-inertial frames of reference:

$$\vec{a}_{rel} = \vec{a}_{abs} - (\vec{a}_{cor} + \vec{a}_{transp}) \quad (0.1.)$$

$$m \cdot \vec{a}_{rel} = m \cdot \vec{a}_{abs} - m \cdot (\vec{a}_{cor} + \vec{a}_{transp}) \quad (0.2.)$$

$$m \cdot \vec{a}_{rel} = \vec{F} + \vec{F}_c^1 \quad (0.3.)$$

-Accelerometer (AM) measures the difference between the momentary gravitational component (reference direction Ox of AM), plus centrifugal momentary acceleration (if a change of direction of motion) and momentary acceleration of movement of AM in that direction.

$$a_x = g_x + a_{cfx} - a_{mx} \quad (0.4.)$$

Where:  $-a_x$  is the value measured on test direction (relative acceleration)

1. where  $\vec{F}_c$  is supplementary forces.

Particularly, there are situations (eg, a ball suspended at rest relative to the earth, but relative to a man sitting on a rotating wheel, the ball appears to be in rotation), where it may happen that the body viewed from S does not any force, but still to see him moving accelerated relative to S' due to

supplementary force,  $\vec{F}_c$ :

$$a_{abs} = 0 \Rightarrow \vec{F} = 0 \rightarrow \vec{F}_c = m \cdot \vec{a}_{rel} \quad (0.5.)$$

An important class of reference frames is the object's own frame or frame-related rigid object moving uniformly force from their frame (eg the man and the object (= S') are resting on the rotating disc, and the object is caught in a spring). In such frames the object is evident in the rest ( $\vec{a}_{rel} = 0$ ), although there is a real force  $\vec{F}$ . In this case:  $\vec{F} + \vec{F}_c = 0 \rightarrow \vec{F}_c = m \cdot \vec{a}_{rel}$ . That supplementary force is equal but opposite to the real force, so it is equivalent to the Newtonian inertial force.

**Supplementary forces are fictitious forces that should be added to the real forces to ensure the validity of the II<sup>nd</sup> principle of Newtonian mechanics in non-inertial frames.** These are not forces of interaction, we can show the body that produces them, so it doesn't applies the III<sup>rd</sup> principle of Newtonian mechanics.

- $g_x$  is the component of gravity acceleration on test direction
- $a_{cfx}$  is the component of centrifugal acceleration on test direction
- $a_{mx}$  is the acceleration of movement (accelerometer and body together) on test direction (acceleration of transport).

$$a_y = g_y + a_{cfy} - a_{my} \quad (0.6.)$$

$$a_z = g_z + a_{cfz} - a_{mz} \quad (0.7.)$$

If the motion is made on certain direction, relatively to the reference directions of AM, then the previous relations are wrote on each component of the acceleration measured by accelerometer ( $\neq 0$ ).

All measured values are fractions of  $g$  (gravity acceleration), expressed relative to the value of  $g$  for which was calibrated AM.

### Cases:

I.  $a_{mx} = 0$  (AM is at rest, set on the object whose motion is studied, or in rectilinear and uniform motion on test axis, chosen as the Ox axis)

$$\Rightarrow a_x = g_x + a_{cfx} \quad (0.8.)$$

- More if  $a_{cfx} = 0$

$$\Rightarrow a_x = g_x \quad (0.9.)$$

II.  $g_x = 0$  ( the test axis is in a perpendicular plane on vertical )

$$\Rightarrow a_x = a_{cfx} - a_{mx} \cdot \quad (0.10.)$$

- In addition if  $a_{cfx} = 0$

$$\Rightarrow a_x = -a_{mx} \quad (0.11.)$$

This is the method of determining the acceleration of motion of AM/the object bounded on AM.

### What we can measure with the accelerometer in the laboratory / practical applications?

- *Angles:* AM in resting, sat alongside a surface makes an angle  $\alpha$  with the vertical;

$$a_x = g \cdot \sin \alpha \Rightarrow \alpha = \arcsin \frac{a_x}{g} \quad (0.12.)$$

- Acceleration of translational motion on:
  - Axis in the horizontal plane regardless of the gravity component
  - Axis of the other plane, but taking into account the gravity component
- Acceleration of complex motion (rotation and translation)

## Annex 4.2

### ASSESSMENT TOOLS

#### Scores for project evaluation

1 = Criterion is not fulfilled	3 = Criterion is fulfilled in good measure
2 = Criterion is met only slightly	4 = The criterion is fully met

1. All team members undertake collaborative activities by completing the steps in processing aid given to them and collect data for one of the roles within the team

1 2 3 4

2. Each member fulfills the role it has in the team. Team members' work together to achieve a quality presentation

1 2 3 4

3. Presentation made meet the recommended structure.

1 2 3 4

4. Explanation contained in the presentation is enlightening to the public

1 2 3 4

5. Project presentation is eloquent and enlightening for the audience participating.

1 2 3 4

6. The manner of presentation is attractive and involving public

1 2 3 4

7. Team members are open to public questions and formulate answers all questions pertinent to public

1 2 3 4

8. Introducing the team roles demonstrates that members are knowledgeable in all fields covered by the project.

1 2 3 4

9. Team members speak out loud, communicates a very clear presentation of content, and establish eye contact with audience.

1 2 3 4

10. Team members provide additional explanations to the public request, using the flip chart

1 2 3 4


**Completion:**

**Note:** The lesson is built valuing prior knowledge acquired in different learning contexts and integrates communication skills, collaboration skills, investigation, practical skills, but also interpersonal and social skills, artistic skills and expression.

### **Annex 4.3**

#### **AUXILIARY FOR TEACHING**

#### **4.I. Kicking life into classroom: from the study of mechanical oscillations in the physics laboratory to bungee jumping.**

	<p>Are you fond of bungee jumping? Would you like to know the height from which it is safe to jump, based on the length of the jumping rope? These are questions that you must be asking yourselves when watching people bungee jumping. This sport is a mix of science and adventure.</p> <p>We invite you to step beyond the mysteries of this physical system, by reproducing it in the physics laboratory with the help of an elastic spring.</p> <p>We will also approach the harmonic oscillations of the elastic pendulum, which is another application for mechanical oscillations .</p>
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#### **4.II. Into Lab with InLOT – The study of the oscillations of an elastic pendulum**

<b>Modelling the physical phenomena: the harmonic oscillations of the elastic pendulum</b>	<b>The method's principle</b>
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We already know that elasticity is the property of physical bodies to become deformed when subjected to the action of external forces and return to their original shape after the this action has stopped. The internal forces that bring back the object to its original shape are called 'elastic forces'. In the case of the object's elongation/compression in a certain direction, the elastic forces are proportional to the elongation/compression caused by the external forces. The coefficient of proportionality between the elastic force and the elongation bears the name of 'elastic constant', this being a feature of a body with elastic properties.

Taking into consideration the things described,  $F_e = -k\Delta x_0$  (see Figure 4.1.), and elongation is determined by the weight of the object hung to the spring,  $G = mg$ .

It follows that  $k = mg / \Delta x_0$ , represents the relation with which we can determine the elastic constant of the spring used in our experiment.

Let us study the elastic oscillations caused by the action of an external force  $F$  on the spring-body system, which virtually takes this system out of its equilibrium state.

We act upon the spring with a force  $\vec{F}$ , causing an elongation  $A$  in relation to the equilibrium position and we let the spring go, in order to observe its harmonic oscillations.

The second law of dynamics in the direction  $Ox$  will be written as:

$$ma = -kx, \text{ sau } kx + ma = 0 \quad (4.1.)$$

$$a + \frac{k}{m}x = 0 \quad (4.2.)$$

What determines the accelerometer?

$$a_x = a_{mas} - a_{SR}, \text{ if SR is at rest} \quad (4.6)$$

$$\text{then } a_x = a_{mas}$$

#### 4.II.A. Determining the oscillation period of the elastic pendulum

$$a_x = g - \omega_0^2 A \text{ la } x = -A$$

$$a_x = g + \omega_0^2 A \text{ la } x = A \quad (4.8)$$

both indicating maximum values of the *object-AM* system acceleration

$$a_{max} = g + \omega_0^2 A \text{ la } x = A \quad 4.9$$

Using the InLOT system, we identify the time interval between two successive maximum values of the acceleration  $T = \Delta t$ .

#### 4.II.B Determining the elastic constant of an elastic pendulum

From (4.1.) and considering a known  $m$  we have:

$$ma = -kx \quad 4.10$$

$$-m\omega_0^2 A_0 \sin \varphi = -kA_0 \sin \varphi \quad 4.11$$

$$\omega_0^2 = \frac{k}{m} = \frac{4\pi^2}{T^2} \quad 4.12$$

$$k = m \frac{4\pi^2}{T^2} \quad 4.13$$

as the expression that enables us to determine the elastic constant of the spring.

#### 4.II.C. Determining the amplitude of elastic oscillations.

From the expression (4.9) we deduce that

$$A = \frac{a_{max} - g}{\omega_0^2} \quad 4.14$$

$$A = \frac{a_{max} - g}{\frac{4\pi^2}{T^2}} \quad 4.15.$$

$$A = \frac{T^2(a_{max} - g)}{4\pi^2} \quad 4.16.$$

the amplitude of the elastic pendulum's oscillations.



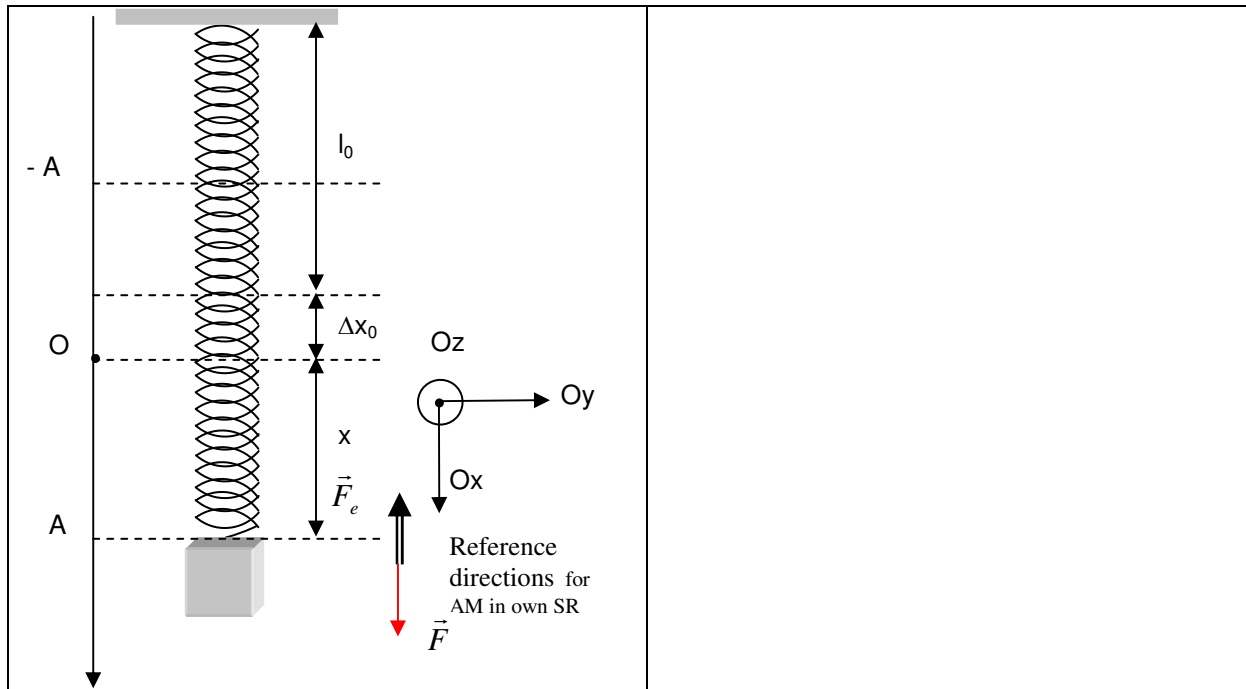


Fig.4. Elastic pendulum

where:

$$\omega_0 = \sqrt{\frac{k}{m}} \quad (4.3.)$$

$$\frac{2\pi}{T_0} = \sqrt{\frac{k}{m}} \quad (4.4.)$$

$$T_0 = 2\pi\sqrt{\frac{m}{k}} \quad (4.5)$$

This is an elastic pendulum oscillation period.

## STUDENT WORKSHEET

Activity title:

**From the study of elastic oscillations in the physics laboratory, to bungee jumping**

Introduction

### Curriculum-Framing Questions

Essential Question

How would the universe appear without regular phenomena?

### Unit Questions.

At what extent the laws of mechanics which are already known can be applied to periodic phenomena?

What immediate applications do you see for the study of periodic phenomena in nature?

### Questions of content

What periodical mechanical phenomena can we identify in the nature?

What physical quantities are characteristic for the oscillatory movement?

How can we represent harmonic oscillator motion laws?

What happens to energy in motion harmonic oscillator?

Under the action of which type of force a harmonic oscillatory motion is present?

What is the difference between the damped oscillation and the ideal one.?

Thinking about the question

### 4.I. Kicking life into classroom: from the study of mechanical oscillations in the physics laboratory to bungee jumping.



Are you fond of bungee jumping?

Would you like to know the height from which it is safe to jump, based on the length of the jumping rope?

These are questions that you must be asking yourselves when watching people bungee jumping.

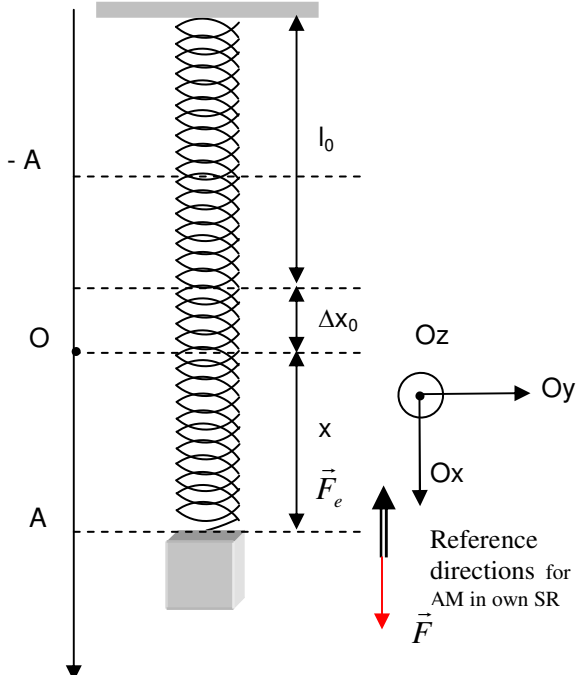
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Modelling the physical phenomena: the harmonic oscillations of the elastic pendulum	The method's principle
<p>We already know that elasticity is the property of physical bodies to become deformed when subjected to the action of external forces and return to their original shape after the this action has stopped. The internal forces that bring back the object to its original shape are called 'elastic forces'. In the case of the object's elongation/compression in a certain direction, the elastic forces are proportional to the elongation/compression caused by the external forces. The coefficient of proportionality between the elastic force and the elongation bears the name of 'elastic constant', this being a feature of a body with elastic properties.</p> <p>Taking into consideration the things described, <math>F_e = -k\Delta x_0</math> (see Figure 4.1.), and elongation is determined by the weight of the object hung to the spring, <math>G = mg</math>.</p> <p>It follows that <math>k = mg / \Delta x_0</math>, represents the relation with which we can determine the elastic constant of the spring used in our experiment.</p> <p>Let us study the elastic oscillations caused by the action of an external force <math>F</math> on the spring-body system, which virtually takes this system out of its equilibrium state.</p> <p>We act upon the spring with a force <math>\vec{F}</math>, causing an elongation <math>A</math> in relation to the equilibrium position and we let the spring go, in order to observe its harmonic oscillations. The second law of dynamics in the direction <math>Ox</math> will be written as:</p> $ma = -kx, \text{ sau } kx + ma = 0 \quad (4.1.)$ $a + \frac{k}{m}x = 0 \quad (4.2.)$	<p>What determines the accelerometer?  <math>a_x = a_{mas} - a_{SR}</math>, if SR is at rest  then <math>a_x = a_{mas}</math> <span style="float: right;">(4.6)</span></p> <p><b>4.II.A. Determining the oscillation period of the elastic pendulum</b> <span style="float: right;">(4.7)</span></p> $a_x = g - \omega_0^2 A \text{ la } x = -A$ $a_x = g + \omega_0^2 A \text{ la } x = A \quad (4.8)$ <p>both indicating maximum values of the <i>object-AM</i> system acceleration</p> $a_{max} = g + \omega_0^2 A \text{ la } x = A \quad 4.9$ <p>Using the InLOT system, we identify the time interval between two successive maximum values of the acceleration <math>T = \Delta t</math>.</p> <p><b>4.II.B Determining the elastic constant of an elastic pendulum</b></p> <p>From (4.1.) and considering a known <math>m</math> we have:</p> $ma = -kx \quad 4.10$ $-m\omega_0^2 A_0 \sin \varphi = -kA_0 \sin \varphi \quad 4.11$ $\omega_0^2 = \frac{k}{m} = \frac{4\pi^2}{T^2} \quad 4.12$ $k = m \frac{4\pi^2}{T^2} \quad 4.13$ <p>as the expression that enables us to determine the elastic constant of the spring.</p> <p><b>4.II.C. Determining the amplitude of elastic oscillations.</b></p> <p>From the expression (4.9) we deduce that</p> $A = \frac{a_{max} - g}{\omega_0^2} \quad 4.14$ $A = \frac{a_{max} - g}{\frac{4\pi^2}{T^2}} \quad 4.15.$

 <p style="text-align: center;">Fig.4. Elastic pendulum</p> <p>where:</p> $\omega_0 = \sqrt{\frac{k}{m}} \quad (4.3.)$ $\frac{2\pi}{T_0} = \sqrt{\frac{k}{m}} \quad (4.4.)$ $T_0 = 2\pi \sqrt{\frac{m}{k}} \quad (4.5)$ <p>This is an elastic pendulum oscillation period.</p>	$A = \frac{T^2(a_{\max} - g)}{4\pi^2} \quad 4.16.$ <p>the amplitude of the elastic pendulum's oscillations.</p>
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### Materials needed

- InLOT system
- PC
- kit physics: mechanical oscillation
- Worksheet

### Safety

Follow the rules of labour protection in the physics laboratory.

### Investigation

**Name and surname of the participants in the experiment:**

**Category:**  student,  teacher;  sports  university student

**Age:** \_\_\_\_\_, **Genre:**  M,  F

<b>Experimental determinations</b>	<b>Action plan</b>
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<p>The total body mass and AM are:</p> <p><math>m = \underline{\hspace{2cm}} \text{ kg}</math></p> <p>The time interval <math>\Delta t</math> between two consecutive maximum accelerations on the x axis</p> <p><math>\Delta t = \underline{\hspace{2cm}} \text{ s}</math></p> <p>The elastic oscillation period is :</p> <p><math>T = \underline{\hspace{2cm}} \text{ s}</math></p> <p>The elastic constant is:</p> <p><math>k = \underline{\hspace{2cm}} \text{ N/m}</math></p> <p>The amplitude of the elastic oscillations is:</p> <p><math>A = \underline{\hspace{2cm}} \text{ m}</math></p>	<p>Of course, the determinations are made inside the reference system of the accelerometer with the help of the InLOT interface :</p> <ol style="list-style-type: none"><li>1. We attach a body of mass <math>m_0</math>, its AM oriented with the x axis in the direction of the oscillation</li><li>2. We measure measure <math>m =</math> total system mass of AM+ body mass</li><li>3. We move the free end of the spring over an A distance, then we release it</li><li>4. We measure the time interval <math>\Delta t</math> between two consecutive maximums of the acceleration on the x axis and we determine <math>T = \Delta t</math></li><li>5. We determine k based on T, with the help of relation (4.13)</li></ol> <p>We determine A based on T and <math>a_{max}</math> in accordance with (4.16)</p>
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### Analysis

Analyze the causes of friction and what impact they had on the outcome of the experiment.

### Further investigation

1. **Relevance.** Students will reflect and find answers identifying possible practical role of the work done, the benefits of science and technology on life in general, the place of science in society, the social role of researcher.
2. **Connection with the real world.** Students will reflect on the practical character of their project, they will understand the importance of experimental data and the practical benefits of using the results.

### Assessment

**Gallery Tour:** Students will prepare oral presentations to appropriate audiences, which are accompanied by multimedia presentations, brochures and websites. These products must identify current community needs and resources and provide acceptable solutions. Thus, the task turns into a learning project in support of the community, creating an authentic purpose and making a connection with the real world through community.



*Evaluation criterion:*

1. All team members undertake collaborative activities by completing the steps in processing aid given to them and collect data for one of the roles within the team
2. Each member fulfills the role it has in the team. Team members' work together to achieve a quality presentation
3. Presentation made meet the recommended structure.
4. Explanation contained in the presentation is enlightening to the public
5. Project presentation is eloquent and enlightening for the audience participating.
6. The manner of presentation is attractive and involving public
7. Team members are open to public questions and formulate answers all questions pertinent to public
8. Introducing the team roles demonstrates that members are knowledgeable in all fields covered by the project.
9. Team members speak out loud, communicates a very clear presentation of content, and establish eye contact with audience.
10. Team members provide additional explanations to the public request, using the flip chart